**Blessing Bags**

Necessary Items:

Gallon Size Ziplock Bags

Tissues (Travel Size)

Wet Wipes (Baby Wipes)

Band-aids

Hand Sanitizer

Warm Socks

Gloves

Hat

Personal Care (Travel Size):

Shampoo/Conditioner

Soap/Body Wash

Toothbrush/Toothpaste

Lotion

Lip Balm

Deodorant

Comb

Cough Drops

Non-Perishable Food (Individually Packaged):

Water/Gatorade/Juice Box

Protein Drinks or Bars

Individual Instant Coffee

Granola or Cereal Bars

Crackers with Peanut Butter or Cheese

Beef Jerky

Nuts/Trail Mix

Raisins/Fruit Leather

Fruit Cup/Applesauce

Tuna or Chicken with Crackers

Ready-to-Eat Cans with Easy Open Tops

Instant Oatmeal Packs

Chips/ Cookies

Chocolates

Plastic Utensils

Extras:

Hand Warmers

Quarters for Laundry

Grocery Store or QT Gift Card

Note of Encouragement

List of Available Services